

**Regular/Back/Special Exam-2080, Mangsir/Poush**

<b>Program:</b>	<b>Certificate in General Medicine</b>	<b>Full Marks: 60</b>
<b>Year/Part:</b>	<b>2<sup>nd</sup> Year (2016, New)</b>	<b>Pass Marks: 24</b>
<b>Subject:</b>	<b>PHC/Family Health</b>	<b>Time: 3 hrs.</b>

*Candidates are required to give their answers in their own words as far as practicable. The figures in the margin indicate full marks.*

**Group 'A' (Long Question)**

**Attempt Any Four questions.**

**[4x10=40]**

1. Define Primary Health Care (PHC). Briefly describe principles and elements of PHC. **[2+4+4]**
2. What is Malnutrition? Draw the vicious cycle of malnutrition. Write down the classification and preventive measures of malnutrition in community. **[2+2+6]**
3. Define MCH. List out scope of MCH. Briefly describe the measures for reducing child Morbidity and Mortality. **[2+2+6]**
4. Define Exclusive breast feeding. Write down the advantage of breast feeding and disadvantage of bottle feeding. What are the common problems related to breast feeding? Write its management. **[1+3+3+3]**
5. Define the term "eligible couples" and "Condom." List out essential information about use of condom; describe GATHER approach of counseling. **[2+4+4]**
6. Define population growth. How does over population effects us and also explain how you will control the population growth in Nepal. **[2+4+4]**

**Group 'B' (Short Question)**

**Attempt Any Four questions.**

**[4x5=20]**

7. Define health. Briefly describe determinants of health. **[2+3]**
8. What is Nutrition? What are the methods for assessment of nutritional status in the community. **[2+3]**
9. Define prevention. Briefly describe the levels of prevention. **[2+3]**
10. Define immunization. Outline the National immunization schedule under EPI. **[2+3]**
11. Write short notes on: (Any Two) **[2x2.5=5]**
  - a) Criteria for "at risk babies"
  - b) Role of health post incharge in PHC
  - c) Community participation
  - d) Scope of reproductive health

***Good Luck !***