Skill • Attitude • Humanity • Discipline • Punctuality
Knowledge • Responsibility • Professionalism





Staff Nurse
PCL Nursing

Health Assistant
PCL General Medicine

Lab Technician
PCL Medical Laboratory Technology

Pharmacy Assistant
Diploma in Pharmacy

Physiotherapy Assistant
Diploma in Physiotherapy

VINAYAK COLLEGE OF HEALTH SCIENCE
Estd. 2003
KATHMANDU, NEPAL

VINAYAK
COLLEGE OF HEALTH SCIENCE

www.vnc.edu.np

Welcome to the Vinayak College of Health Science!



It is my great pleasure to welcome you all to Vinayak College of Health Science. Vinayak is a not just a college but it is leading learning community dedicated in the field of paramedic program to support students to achieve their individual potential.

As a principal of Vinayak College of Health Science I have few message to both parents and students. Our faculty of health science is dedicated to prepare future leaders who have outstanding knowledge and wisdom to solve health related problems of general people as well as the problems faced by health systems of developing countries like Nepal.

To achieve this goal of challenging health crisis we train and coach our students through the knowledge of theory, practice and research skills.

My message to the prospective students is like quote by Nelson Mandela " Education is the most powerful weapon which you can use to change the world".

I wish you all the best for your successful studies and future career.

Nani Kazi Deshar
M.Sc.Medical Biochemistry
Principal

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It's my pleasure and honour to share that Vinayak College of Health Science has been producing qualified paramedics for two decades. Students of this college are learning clinical practice as much as that is prescribed in their curriculum. As the founder of Vinayak College is also the founder of Vinayak Hospital, students don't face any difficulties during clinical practice.

Needless to say that Vinayak hospital is very old and renowned among the hospitals in Kathmandu valley and is providing quality health care services to the patients. We are also going to build a new well-equipped building for the hospital very soon.

Last but not the least, I appreciate all the students of Vinayak College who paid high moral values and hard work to achieve their goals.

I wish the success in your future endeavors.

Krishna Prasad Lamichhane
Managing Director
Vinayak Hospital & Maternity Homes
Gangabu, Kathmandu

ABOUT US

Vision

Our vision is to deliver health education of the highest quality to meet the needs of individuals, academic institution, health institution and the national as a whole through widening participation and by raising the intellectual, academic and practical achievements of young people and adults in Nepal, by providing skills, knowledge and qualification as well as by facilitating the ethical norms and social responsibilities.

Mission

Regarding that the health professionals are extremely important in a process of creating a healthy nation, our mission is to produce technically competent and socially responsible health personals, those are:

- Able to face the 21st century challenges in the health profession.
- Possess strong sense of social responsibility.
- Loving and caring with compassionate.
- Willing to continue lifelong learning.
- Good team players.

Affiliation

It is a technical college of technical manpower to pursue technical education. This is quite an established college affiliated with Council for Technical Education and Vocational Training (CTEVT) and recognized by Nepal Nursing Council, Nepal Pharmacy Council and Nepal Health Professional Council.

Rules & Regulations

The college is private, operated under its own specified rules and regulations. However, the academic activities are performed under the rules and regulations of CTEVT, Nepal Health Professional Council, Nepal Pharmacy Council and Nepal Nursing Council.

What we offer

At Vinayak College you can explore your career in different field of health science. We are committed to provide quality education in pursue to increase students' excellence in their profession after the completion of study. We have well setup for:

- PCL Nursing (Staff Nurse)
- PCL General Medicine (H. A.)
- Diploma in Pharmacy (D. Pharm)
- PCL Medical Laboratory Technology (Lab Technician)
- PCL in General Medicine (Physiotherapy)



College Environment

More, if you are thinking to get a good learning environment and probably the best quality teaching by well experienced teachers (i.e., pathologist, doctors', readers & professors), who are reputed in governmental and non- governmental medical colleges and universities, Vinayak College could be one of the best for you.



Educational Strategies

VCOHS has the education philosophy that the learning and teaching of health science becomes meaningful and refine their knowledge base whenever needed, and the student have scientific attitude towards the knowledge base, understand and accept the principal of evidence based practice. In order to achieve this goal, the VCOHS has the following educational strategy.

- Learning with Dignity.
- System based integrated approach of basic sciences.
- More emphasis in practical exercise.
- Enough practice in students learning center.
- Case presentation session.
- Self directed student- centered learning etc.

We make a difference

We are committed to applying the principles of Health Education in our programs.We will continue to strive to give our students every opportunity to progress and achieve the highest educational potential within their chosen career path.





RESOURCES

Library Facility

Students will have access to high quality library within the college. They may borrow or read books while abiding to library rules. Books (Course or reference), magazines or other materials can be borrowed from the library. We provide 60 percent books of total student volume

Hostel Facility

Hostel facilities are available to the outstation students of the Day College. The hostel is named as Vinayak Hostel. The hostel accommodates around 120 students. There is vegetarian and non-vegetarian mess as per the requirement of students. All inmates of the hostel have to observe prescribed rules. It consists of common room with indoor games and television set with cable connection. The entire college and hostel are having effective security arrangement & safe environment. The wide ranges of sports facilities are also available for indoor and outdoor games.

The divine atmosphere is the hallmark of the hostel, which will make any inmate to feel the hostel as "A home away from home".

Application for admission into hostel can be made to the hostel warden only, after getting admission into the college.

Transportation

We provide transportation service to our student while being to hospitals, communities, pathological laboratories and other field visits. But we are unable to provide shuttle service throughout the city to college due to limited number of bus user and it need plenty of time.

Student Welfare

We are committed to help our students for their work placement, job counseling, career guiding and further study. Furthermore we also make them to aware of social values and justices.

Uniform

Students are required to compulsorily attend the college in the uniform prescribed by the CTEVT and the College Management.

Extra- Curricular Activities

Various sport activities are provided to encourage the students to develop their mental, physical and coordination skills. It also provides opportunities to build vital personal characteristics such as cooperative behavior, sisterhood within a competitive environment, team spirit, and leadership. Besides sports, other extracurricular activities are quiz contest, guest lecture, seminar, cultural program, publication of journal/ magazine, welcome/ farewell programs, excursions, picnics, etc.







Nursing

There is no doubt that Nursing is the career subject of choice in Nepal for most of the SLC/SEE graduate ladies. Nursing education, for the overall development of country directly or indirectly plays a vital role. Growing demand of nursing personnel in national and international level is also another reason to choose Nursing.



What after completion?

There is a big confusion that what to do after completion? Is that work to do revolving at hospital wearing a white apron only? Then the answer is 'Certainly not'. Students will be qualified for various aspects after the graduation in PCL Nursing, such as:

- Registration In Nepal Nursing Council as Registered Staff Nurse.
- Job Opportunity In Different NGOs, INGOs, and Gos.
- Military Nurse
- Private Practice in Clinical Nursing Houses.
- Public Health Nurse and School Health Nurse.
- Further Higher Studies: Bachelor in Nursing(BN) or Bachelor in Nursing Science(BNS).



Clinical Areas

- Vinayak Hospital and Maternity Home, Gongabu
- Kanti Bal Hospital
- Nepal Orthopedic Hospital
- Tilganga Eye Center
- Mental Hospital
- Paropakar Maternity & gynecological Hospital
- Sukraraj Tropical & infectious Disease Hospital
- Trishuli Hospital
- PHCs under District Public Health office Lalitpur, Bhaktapur and Kathmandu
- Geriatric Home, Pashupati

Further Study

- B. N.
- B.Sc. Nursing*
- Bachelor in Public Health
- B. Ed. in Health Education

Eligibility

- GPA 2.0 or above in SLC/SEE with minimum 'C' grade in Math, English and Science
- SLC passed with 2nd division and English, Math & Science as compulsory subject (Old Course)

Seats Allocation – 40 seats

- 10 % seats are allocated for ANM graduates
- 15 % seats are allocated for Gents
- Other quotas as per CTEVT

Selection Criteria

- Successful Candidate in merit list of written entrance examination conducted by CTEVT.

Scholarships

Scholarships are available as per the criteria of CTEVT.

* needs bridge course



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In this competitive world, development challenges like traditional resources, primitive technologies, and old-school thoughts hinder the aspirants to explore new pathways of acquiring scientific knowledge and experience.

So, VCOHS offers the best services like quality education, sufficient infrastructure, skilled and qualified human resources, and modern technologies for the young aspirants to stimulate their energy, skills, and knowledge and prepare them as high competitors in return.

Sujata Khadka
Coordinator
Nursing Faculty







Studying in VCOHS was one of my biggest achievements. Here Learnt the meaning of nursing and what a nurse truly does, always got encouragement and proper guidance from my teachers and I can proudly say I am what I am today due to the values I learnt from this college.

Jyoti Basnet (Ex-student, PCL Nursing)
Registered Nurse
Manly Hospital, Sydney Australia

General Medicine

Mid level health care providers are the backbone of the government health care delivery system. Indeed Health Assistants are the junior and all round physicians. They serve as Medical, Surgical, Gynecological, Obstetrics, Pediatrics and many more health care consultants. They are also the foundation for public health programs. This course is designed especially for fulfillment of lower level physician in context of Nepal.



What after completion?

No one can ignore the broad field of scope after completion of PCL General Medicine. Being a graduate (H.A.) is itself a good one. Beside there are many more things you can expect with your degree:

- Registration in Nepal Health Professional Council as a HEALTH ASSISTANT.
- Health Post In-charge in different health post/primary health care center in government health care delivery network.
- Private practice in clinic/nursing homes.
- Job opportunities in different NGOs/INGOs.

Clinical Areas

- Vinayak Hospital and Maternity Home, Gongabu
- Trishuli District Hospital, Nuwakot
- Salyantar PHCC, Dhading
- Ramghat PHCC, Kathmandu

Further Study

- MBBS*
- Bachelor in Public Health (BPH)
- Bachelor of Pharmacy (B. Pharm.)*
- B. Ed. in Health Education

Eligibility

- GPA 2.0 or above in SLC/SEE with minimum 'C' grade in Math, English and Science
- SLC passed with English, Math & Science as compulsory subject(Old Course)

Seats Allocated– 40 seats

- 10 % seats are allocated for CMA graduates
- Other quotas as per CTEVT

Selection Criteria

- Successful Candidate in merit list of written entrance examination conducted by CTEVT.

Scholarships

Scholarships are available as per the criteria of CTEVT.

* needs bridge course



"Wherever the art of medicine is loved, there is also a love of humanity". - Hippocrates
That statement is very realistic in today's world. Medical profession is sensitive and the effort of medical personnel can save a life. So, Vinayak College of Health Science is the right place you will be seeking if you are looking to achieve the dream of becoming a skillful medical person. I wish you all the best.

Kabita Shrestha
Co-ordinator
General Medicine







"Times Change and we must change with the time". The world has become so competitive. Without adequate knowledge and skill, it is so difficult to adjust and exist in the world. So, Vinayak College has an outstanding reputation in providing work related education and it prepares the trained and skillful human resources that is ready to face the challenges of 21st century.

Usha Tripathi
M A English
Faculty



I wanted a college that would challenge me both inside and outside of the classroom and then offer support to allow me to grow academically and personally. Vinayak college was there to do it all.

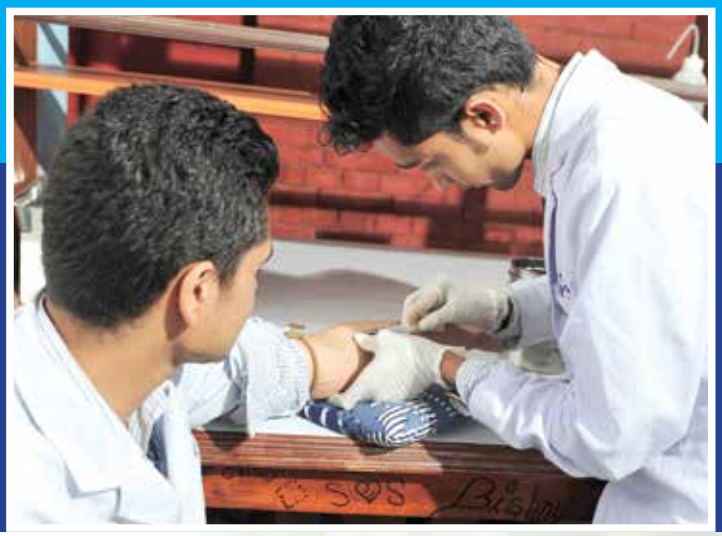
Rajesh Saud (Ex-student, PCL General Medicine)
Studying MBBS in Guizhou, China





Medical Laboratory Technology

Medical Laboratory Technology specially concerned with the diagnosis, treatment and prevention through the use of pathological tests. As vital member of the health care team, Lab Technicians play a critical role in collecting the information needed to provide the best care to patient. It is nearly impossible to practice modern medicine systems without laboratory.



What after completion?

- Registration in Nepal Health Professional Council as a LAB TECHNICIAN.
- Job opportunities in public hospitals and research laboratories.
- Career at private hospital, nursing homes and diagnostic center
- Self employment through private practice.



Clinical Areas

- Bhaktapur Cancer Hospital, Bhaktapur
- Nepal Red Cross Society(Blood Bank), Bhaktapur
- B.P. Smriti Community Hospital
- Stupa Community Hospital, Boudha

Further Study

- Bachelor of Medical Laboratory Technology (BMLT)
- Bachelor in Public Health (BPH)
- MBBS*

Eligibility

- GPA 2.0 or above in SLC/SEE with minimum 'C' grade in Math, English and Science
- SLC passed with English, Math & Science as compulsory subject(Old Course)

Seats Allocated – 30 seats

- 50 % seats are allocated for Lab Assistants in Medical Laboratory Technology
- Other quotas as per CTEVT

Selection Criteria

- Successful Candidate in merit list of written entrance examination conducted by CTEVT.

Scholarships

Scholarships are available as per the criteria of CTEVT.

* needs bridge course



Every student is unique and they learn in their unique style. VCOHS has the infinite capacity to understand & grasp various skills. VCOHS aims to develop knowledge, discipline, confidence, excellence, and a sense of responsibility. Let positive strong, innovative thoughts enter into the brains of the growing mind. A conducive environment, good infrastructure, and ambience of the college encourage an effective teaching-learning process. I conclude with the words conveying heartfelt thanks to our lectures who are also the facilitators/mentors for showing their restless effort and being an equal partners in the entire journey of a student's quest for knowledge.

Sagar Nath Tiwari
IT Department



Small classes, intimate professor relationships, and a kind and diverse student body are key to achieving success in any field, and Vinayak college of health science has all three, so I choose Vinayak college and my education has given me an excellent foundation for becoming immediate contributors in the field.

Sujata Sharma (Ex-student, PCL MLT)
Lab Technician at Makkah specialized medical center, Abu Dhabi

Diploma in Pharmacy

Pharmacy is the backbone of modern therapeutics. The study of pharmacy is mainly concerned with the medicines and their applications for human drug therapy. The program prepares graduates for the contemporary role of the pharmacist in society ensuring that patients optimize medication usage. Initial courses on basic science will lead to professional specialties in later years. Practical and clinical science studies begin in first year, providing students with a strong background in professional practice. Diploma in Pharmacy is the basic course in Nepal to start your career in pharmacy.



The aspirant who joins in our family won't be just a health personnel; he/she will be leader, caregiver, decision maker, communicator, manager, lifelong learner and teacher. This makes us different than other college. I welcome you all to join our college/team.

Krishna Neupane
Co-ordiantor
Pharmacy Department

What after completion?

- Registration in Nepal Pharmacy Council as 'Assistant Pharmacist'
- Job opportunities in public and private hospital
- Self employment in community pharmacy



Clinical Areas

- Vinayak Hospital and Maternity Home, Gongabu
- Alka Hospital, Lalitpur
- Healthy Network Nepal, Central Lab, Rabibhawan, Kathmandu
- More than 20 community and Hospital Pharmacies
- Godawari Botanical Garden



Further Studies

- Bachelor of Pharmacy
- Bachelor in Public Health
- Pharm. D.(Doctorate of Pharmacy)
- B. Ed in Health Education

Entry Requirements

- GPA 2.0 or above in SLC/SEE with minimum 'C' grade in Math, English and Science
- SLC passed with English, Math & Science as compulsory subject(Old Course)

Seats Allocated – 40 seats

- Different quotas are available as per CTEVT criteria

Selection Criteria

- Successful Candidate in merit list of written entrance examination conducted by CTEVT.

Scholarships

Scholarships are available as per the criteria of CTEVT.





I was in a dilemma, where to move on the right path for better study. When I heard about Vinayak College, its environment, and academic success. I was attracted to it. I found studying D. Pharmacy program an extremely valuable experience. Through the comprehensive selection of modules, I developed my critical thinking, teamwork, and reflective thinking skills. The presentations throughout the course helped to build my confidence and in general, the program taught me to manage my time.

Bikisha Shrestha
(Topper 2076)



Diploma in Physiotherapy

The study of physical therapy or exercise (use of physical agents such as exercise, massage, light, heat, electricity ultraviolet rays etc.) is known as physiotherapy.

Physiotherapy is an emerging field in the health service sector. Many people in developing countries have been giving emphasis to the Physiotherapy in treatment and rehabilitation of various health conditions.

Physiotherapy is also known as Physical therapy (PT). It is one of the medical professions provided by physical therapists who promote, maintain or restore health through physical examination, diagnosis, prognosis, patient education, physical intervention, rehabilitation, disease prevention, and health promotion. Physical therapists are known as physiotherapists in many countries.

What after completion?

- Registration in Nepal health professional council (NHPC) as a physiotherapy assistant.
- The graduates will be eligible for the position equivalent to Non-gazette 1st class/Level 5 (technical) as prescribed by the Public Service Commission of Nepal and other related agencies.
- Independent categories of related jobs in different NGOs, INGOs and GOs.
- Job opportunities in public and private hospital.
- Job opportunities in the college where physiotherapy program is run, as physiotherapy assistant.
- Private practice in clinic, hospital and nursing homes.



It is my great pleasure to welcome you all to Vinayak College of Health Science, Department of Physiotherapy.

Department of Physiotherapy is a dynamic, inspiring, and nurturing a learning community dedicated to support all students to achieve their individual potential.

The Department of Physiotherapy and Rehabilitation is well equipped with high-tech and high- touch latest equipments working on various specialities like General physiotherapy and Specialist physiotherapy.

We also have qualified, experienced and well-trained teachers and a team of physiotherapists who provide theoretical and practical knowledge with OPD Services and treatment procedures of international standards offering a multifaceted approach to patient care and rehabilitation.

I wish you every success in your studies and your future careers.

Dr. C K Singh
HOD
Department of Physiotherapy





Clinical Areas

- Vinayak Hospital and Maternity Home, Gongabu
- Ortho-Neuro Rehab Centre (P) .LTD, Imadol, Lalitpur
- Vinayak Physiotherapy Center, Batishputali, Kathmandu

Further Study

- Bachelor of Physiotherapy (BPT)
- Bachelor of Public Health (BPH)
- B.Ed in Health Education
- MBBS*

Eligibility

- SLC Pass or SEE with minimum GPA 2.0 and C grade in Compulsory Mathematics, English & Science.
- TSLC in Physiotherapy with minimum 67%.
- Should pass entrance examination as administered by CTEVT.

Seat Allocated- 40 seats

Certification and Degree Awards

- Students who have passed all the components of all subjects of all 3 years are considered to have successfully completed the program.
- Students who have successfully completed the program will be awarded with a degree of "Proficiency Certificate Level in Medical Science (Physiotherapy)".

Course Duration

The total duration of this curricular program is three academic years. The program is based on yearly system. Moreover, one academic year consists up to 39 weeks and one academic week consists up to 40 hours excluding evaluation period.

Pattern of Attendance

Minimum of 90% attendance in each subject is required to appear in the respective final examination.

* needs bridge course

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VINAYAK
COLLEGE OF HEALTH SCIENCE

Special Features

College has its own hospital named – "VINAYAK HOSPITAL & MATERINITY HOME"

Professional teachers experienced in both Health practice and education

Centeraly located and Sound learning environment

Well equipped Library, science lab, computer lab and student learning centers of concerned subject for its practice.

Problem based learning method.

Close monitoring from qualified and experienced tutors and supervisor during practical learning

Well furnished Classroom, Cafeteria and Hostel











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P.O.Box : 6848
Gaushala, Battisputali (Behind Hotel Dwarika's)
Kathmandu, Nepal
Phone: 01-5911532, 4564505, 4582519
E-mail: info@vnc.edu.np, Website: www.vnc.edu.np